

Highfield First Aid Requalification – Blended Learning

Duration: 1 ½ days	Time: 9.00am - 4.30pm
Cost: £175	9.00am – 1.00pm
Venue: Orkney College	Dates: TBC
Tutor: Various	

Qualification:

Highfield Award in First Aid at Work SCQF Level 6

Blended Learning

Candidates will receive a handbook and pre-course questions to complete prior to attending the course.

Target Audience:

Individuals who hold a current First Aid at Work Certificate and wish to retain certification. This refresher course must be completed prior to current certificate expiry (3 years).

Entry requirements:

It is recommended learners are a minimum of 16 years of age and advised that learners have a minimum of National 5 (or equivalent) English and are physically capable of completing the practical assessment.

Course content:

- Introduction
- Responsibilities of the first aider
- Assessing an incident
- Managing an unresponsive casualty
- The respiratory system
- Wounds and bleeding
- Shock and seizures
- Dealing with minor injuries
- The human skeleton
- Fractures and dislocations
- Sprains and strains
- Chest injuries
- Dealing with major illness and other injuries

Appropriate clothing must be worn as you will be taking part in practical demonstrations.

All candidates are required to complete a short multiple-choice test as part of the assessment. If you require additional support please contact Orkney College prior to the start of the course.

You should bring your current First Aid at Work certificate with you on the day of the course AND photographic ID such as your Driving Licence or Passport, etc.