

## Highfield Award in First Aid at Work – Blended Learning

<b>Duration:</b> 2 days	<b>Time:</b> 9.00am - 4.30pm
<b>Cost:</b> £275	9.00am – 4.30pm
<b>Venue:</b> Orkney College	<b>Dates:</b> TBC
<b>Tutor:</b> Various	

### Qualification:

Highfield Award in First Aid at Work SCQF Level 6

### Blended Learning

Candidates will receive a handbook and pre-course questions to complete prior to attending the course.

### Aims:

The objective of this qualification is to support learners in becoming first aiders in the workplace. The content of the qualification meets the HSE requirements for training first-aiders in those organisations that have identified that staff need to be trained to this level within their first-aid needs assessment

### Entry requirements:

It is recommended learners are a minimum of 16 years of age and advised that learners have a minimum of National 5 (or equivalent) English and are physically capable of completing the practical assessment.

### Course content:

- Introduction
- Responsibilities of the first aider
- Assessing an incident
- Managing an unresponsive casualty
- The respiratory system
- Wounds and bleeding
- Shock and seizures
- Dealing with minor injuries
- The human skeleton
- Fractures and dislocations
- Sprains and strains
- Chest injuries
- Dealing with major illness and other injuries

Appropriate clothing must be worn as you will be taking part in practical demonstrations.

**All candidates are required to complete a short multiple-choice test as part of the assessment. If you require additional support please contact Orkney College prior to the start of the course.**

**You should bring your current First Aid at Work certificate with you on the day of the course AND photographic ID such as your Driving Licence or Passport, etc.**