

People Handling & Risk Assessment

Duration:	1 day	Time:	9.00 am to 4.30 pm
Venue:	SELBRO, Hatston, Kirkwall	Dates:	TBA
Tutor:	Various		
Cost:	£100		

Qualification:
Orkney College Attendance Certificate

Target audience:
Those who are required to handle people as part of their working routine

Course content:
This is a continuous assessment course. The course will cover the following topics:

- Introduction. Agenda
- Relevant legislation, including Manual Handling Operations Regulations 1992
- Spinal function – causes of back injury
- “Controversial techniques”
- Introducing small manual handling aids
- Practical demonstrations of safer manual handling techniques, using the principles of biomechanics
- Hoist practice where applicable
- Open forum
- Evaluation
- Summary

Appropriate clothing must be worn as you will be taking part in practical demonstrations.

PLEASE REPORT TO SELBRO HATSTON FOR 9.00 AM PROMPT