

## Noise & Vibration Awareness and Control

**Duration:** 1/2 Day

**Time:** TBC

**Venue:** Orkney College

**Dates:** TBC

**Cost:** £60.00

**Qualification:**

Orkney College Certificate

**Target audience:**

Managers, supervisors and operatives in workplaces where employees are exposed to noise and/or vibration through plant and processes

**Course Aims:**

By the end of the course participants will have the ability to apply the knowledge they have gained to improve current health and safety practices

**Course Objectives:**

The course is aimed at all workplaces where employees are exposed to vibration & noise through plant and processes. All levels of staff will benefit. For managers and Supervisors, it emphasises the need for controlling exposure to vibration & noise. For operatives, it emphasises their contribution to controlling exposure to vibration

The course covers:

- The legal requirements for employers regarding Hand Arm Vibration Syndrome
- The legal requirements for employers regarding the Control of Noise regulations 2005
- Detail acceptable exposure limits
- Identify processes which contribute to and cause Hand Arm Vibration Syndrome
- Identify types of noise
- Describe the symptoms of Hand Arm Vibration Syndrome (awareness only)
- Describe the effects of noise (awareness only)
- Examine methods to control vibration & exposure to noise at work