



University of the  
Highlands and Islands  
Orkney College

## People Handling & Risk Assessment

**Duration:** ½ day  
**Time:** 9.00am - 12.30pm  
**Venue:** SELBRO, Hatston, Kirkwall  
**Dates:** Date TBA  
**Tutor:** June Bacon

**Qualification:**  
Orkney College Attendance Certificate

**Target audience:**  
Those who are required to handle people as part of their working routine

**Course content:**  
This is a continuous assessment course. The course will cover the following topics:

- Introduction.
- Relevant legislation, including Manual Handling Operations Regulations 1992
- Spinal function – causes of back injury
- “Controversial techniques”
- Introducing small manual handling aids
- Practical demonstrations of safer manual handling techniques, using the principles of biomechanics
- Hoist practice where applicable
- Open forum
- Evaluation
- Summary

Appropriate clothing must be worn as you will be taking part in practical demonstrations.

**PLEASE REPORT TO SELBRO HATSTON FOR 9.00 AM PROMPT**