# **UHI ORKNEY**

# **Grounds Maintenance**

**Duration:** 1 Day

Venue: UHI Orkney

## Qualification:

Participants will receive a UHI Orkney attendance certificate.

# **Target audience:**

Anyone requiring to improve grounds maintenance techniques. A practical session is included so candidates should bring appropriate PPE.

### **Course content:**

The course will cover the following:

- Identification of common Grounds Maintenance (GM) activities:
  - Purpose of GM operations
  - Limitations
- Hazards associated with GM operations and the control thereof e.g.
  - Noise
  - Vibration
  - Hazardous substances
  - Manual handling
- Use of hand tools
- Awareness of Control of Substances Hazardous to Health and the use of pesticides
- Use of light plant
  - o General rules
  - Personal safety
- Safe use of grass cutting machinery (up to 24") and strimmer
  - Operating procedures
  - Troubleshooting
- Safety awareness regarding the use of ride on equipment

#### PARTICIPANTS MUST BRING THE FOLLOWING PERSONAL PROTECTIVE EQUIPMENT:

- Suitable and appropriate working clothes and outdoor working jacket
- Steel Toe-capped footwear
- Gloves